



Scotch Plains

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Fanwood

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AFJROTC Unit honored in Washington, D.C.

The Scotch Plains-Fanwood High School's AFJROTC 821st unit was honored Monday, September 18, in Washington, D.C., for its winning art-work entry in the Aerospace Education Foundation's worldwide contest. At the AEF Awards Luncheon, the unit, represented by Cadets Sunny Beal and Lucille Kwas and former Cadet Hai Ngo, was the

only high school unit so recognized.

The honoring ceremonies were part of the week-long Air Force Association Convention, held September 17-21 in the nation's capital. During this time the delegation from Scotch Plains-Fanwood, including also CMSgt. Robert Rybitski, Major Eugene Pearson, Principal Dr. Terry

Riegel, and art teacher Ronnie Siegel, were invited guests at the Air Force Secretary's Reception and Luncheon and the Air Force Chief of Staff Reception and Luncheon. They had meetings with Congressman Matthew J. Rinaldo, Senator Frank R. Lautenberg, and with Senator Bill Bradley and were also treated to a tour of the Pentagon. A culminating event to the 821st unit's participation in the AFA Convention was the United States Air Force Anniversary Reception and Dinner, attended by 1700 people.

Overall there were 8000 participants in the AFA Convention. Workshops and exhibit visits were part of the Scotch Plains-Fanwood delegation's week-long activities in Washington as well.



Rep. Matthew Rinaldo meets with Air Force junior reserve officer training corps cadets and their advisors from Scotch Plains-Fanwood High School in recognition of their recent first place finish in an Air Force junior ROTC contest. The winning cadets were honored for their artwork that best illustrated the theme: "Why We Serve." Pictured from left to right are: Cadet Sundra Beal, Cadet Lucille Kwas, Mrs. Ronnie Siegel, former cadet Hai Ngo, Rep. Rinaldo, Chief Master Sgt. Robert Rybitski, Major Eugene Pearson and school principal Dr. Terry Riegel.

MONTHLY BP CLINIC

The Township of Scotch Plains will hold a monthly Hypertension (High Blood Pressure) Screening Clinic on Wednesday, October 11, 1989.

The Clinic will be held in the Scotch Plains Public Library Community Room from 4:00 - 7:00 p.m. and is free. The intent of the clinic is to identify new cases of High Blood Pressure. Those persons who are over the age of thirty and smoke or are overweight or have a family history of heart disease or diabetes and have not had their blood pressure checked recently are urged to attend.

S.P. HEALTH ADVISORY BOARD ANNOUNCES FALL FLU SHOT

The Scotch Plains Health Advisory Board has announced that free Influenza immunizations will be given on Saturday, October 21st, from 8:00 a.m. to 12 noon, at the Health Fair, located in the Scotch Plains Municipal Building, and on Thursday, October 26th, at St. John's Baptist Church from 10 a.m. to 11:30 a.m.

The immunization is recommended for the elderly and for people with diabetes, heart, lung or kidney disease.

Anyone allergic to eggs, chickens, chicken feathers or chicken dander should not receive this vaccine without first contacting their physician.

CLERK'S OFFICE EXPANDS HOURS

In addition to the 9 a.m. to 4:30 p.m. business hours, the Scotch Plains Clerk's Office will be open from 9:00 a.m. to 9:00 p.m. for Voter's Registration, as follows:

Thursday, October 5, 1989

Friday, October 6, 1989

Tuesday, October 10, 1989

FANWOOD VOLUNTEER FIRE CO. TO HOLD FLEA MARKET

The Fanwood Volunteer Fire Company will be having its annual Fall Flea Market on Saturday, October 7, 1989 between 8:00 a.m. and 4:00 p.m. at the Fanwood Railroad Station, North and Martine Avenues.

Many vendors are expected to participate and offer assorted handicrafts, antiques and other merchandise. Included within the Flea Market will be a bake sale by the women of the fire company. In the year 1990 the Fire Company will be celebrating its 100th anniversary of volunteer service to the residents of Fanwood. Volunteers will be selling 100th Anniversary hats, shirts and other items.

Interested vendors should contact Bob Buob, 90 Willoughby Road, Fanwood, N.J. 322-6267 between 5:00 P.M. and 8:00 P.M. Residents are urged to support the 100% volunteer organization.

Scotch Plains to conduct Health Fair

The Scotch Plains Health Advisory Board has announced that it will be conducting a Health Fair in conjunction with Scotch Plains Day on

Saturday, October 21st, from 8:00 a.m. to 12 noon, at the Scotch Plains Municipal Building.

In addition to free medical screenings to

detect oral cancer, colon-rectal cancer, (home test kit) and hypertension, there will also be available an "extensive blood screening" (SMAC 23-CBC) to detect from one sample abnormalities related to bone function, hormones, kidney disease, overall health, cholesterol, and Triglycerides, which are associated with the increased probability of heart disease. The test also is an indicator for diabetes, various liver disorders and anemia, in addition to being a complete blood workup. The cost for this is \$13.00 prepayment and pre-registration is required. Anyone interested in obtaining this test, that re-

quires 12 hours of fasting (excluding water) should call the Scotch Plains Health Department at 322-6700 to register.

The Health Fair will also have available at no charge, Senior Citizen Influenza immunizations, school immunizations, (student must be accompanied by a parent and present a request slip from a school nurse). Vision, hearing testing, Scoliosis and Podiatry exam, and education presentations for breast cancer and a smoking cessation presentation by our own local hypnotist.

The Fair is open exclusively to Scotch Plains residents only. Senior Citizen transportation is Continued on page 9

Recycling schedule for month of October

The Union County Utilities Authority (UCUA) has released the schedule for curbside pickups of recyclables during October.

Newspaper, glass and aluminum will be collected every other week according to the following schedule:

- Scotch Plains (Northside) - October 10 and 24 (Tuesdays); (Southside) - October 11 and 25

(Wednesdays). UCUA officials remind residents to set out their recyclables by 7:30 a.m. the day of collection. Residents should prepare their materials according to the following guidelines:

- Newspapers — must be clean and tied in bundles that are no more than 8 inches thick. The bundles should not include shopp-

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Schools...

Many local schools are in the news with numerous programs that are going on. To find your child's name or picture turn to page 9.

ROSARY ALTAR SOCIETY TO MEET

Immaculate Heart of Mary's Rosary Altar Society will hold an Evening of Recollection on October 10th, 1989. Mass will be celebrated at 7:30 p.m. and a short business meeting will follow. Guest speaker will be Brother William Lavigne of Saint Helen's Church in Westfield. Inductions of new Rosary members will also take place.

Please come and enjoy a most spiritually rewarding evening. For information please call chairlady Marge Malone at 754-9497.

Local...

Area resident visits Battleship Wisconsin. See page 3.

